

MASS TIMES AND INTENTIONS: CARDIGAN		
DAY & DATE	SERVICE TIME	INTENTION
Sunday 30th August 22nd Sunday of ordinary Time	10.30am: Mass	Evie and Erin Lovell — Birthday Blessings
Monday 31st August Ordinary Time, Yr II, Wk 22	9.00am: Adoration 9.30am: Mass	Anne Sulma
Wednesday 2nd September Ordinary Time, Yr II, Wk 22	6.00pm: Adoration 6.30pm: Mass	Victims of the recent natural disasters
Friday 4th September Ordinary Time, Yr II, Wk 22	9.30am: Mass, followed by Holy Hour	Irena — Recovery
Saturday 5th September St Theresa of Kolkata, <i>Op. Memorial</i>	9.10am: Holy Rosary 9.30am: Mass	Peace in the Middle East
Sunday 6th September 23rd Sunday of ordinary Time	10.30am: Mass	For the people of the parish
SACRAMENT OF RECONCILIATION: Before and after 9.30am Mass on Saturdays; and on request.		

MASS TIMES AND INTENTIONS: NEWCASTLE EMLYN		
DAY & DATE	SERVICE TIME	INTENTION
Sat 29th August First Mass for the 22nd Sunday of Ordinary Time	6.30pm: Mass	Hortis Simatupang RIP
Thursday 3rd September St Gregory the Great, Pope, <i>Memorial</i>	10.30am: Mass	Alma Norris-Ross & David Norris-Ross
Sat 5th September First Mass for the 23rd Sunday of Ordinary Time	6.30pm: Mass	Mr & Mrs Gerard Fernando
SACRAMENT OF RECONCILIATION: Before and after Mass and on request.		

RECENT COLLECTIONS	
Cardigan:	Offertory: £266.25
Newcastle Emlyn:	Offertory: 15/08/26: 246.77; 22/08/26: £196.98
Thank You.	
Parish Account details:	
Cardigan: Archdiocese of Cardiff—Menevia Parish of Cardigan; Account No. 02342545; Sort Code: 52-21-11.	
Newcastle Emlyn: Archdiocese of Cardiff—Menevia Parish of Newcastle Emlyn; Account No. 08635285; Sort Code: 54-10-26	
PARISH HALL BOOKINGS:	
CARDIGAN: For booking enquiries, please contact the Hall Bookings Co-Ordinator Guinevere (Gyöngyvér) McGee on 07438596254 or email at: cchcardigan@gmail.com	
NEWCASTLE EMLYN: For booking enquiries, please contact the Hall Bookings Co-Ordinator Norma McCarthy on 01239 654613.	
SAFEGUARDING:	
The safeguarding of all who visit the Parish & Shrine is important to us. If you have any concerns about safeguarding, you can contact Heather Wassy Williams, the Parish Safeguarding Representative, on the Parish Telephone Number: 01239 612615. You can read more about our safeguarding policy here: https://rcadc.org/safeguarding-cardiff/	
CARDIGAN SHRINE ON FACEBOOK	
https://www.facebook.com/profile.php?id=61557240194053	

CCTV AND LIVE-STREAMING—CARDIGAN	
Please be aware that CCTV is always in operation in Cardigan Church. All our services are currently live-streamed.	
CARDIGAN SHRINE YOUTUBE CHANNEL AND LIVE STREAMING	
Live-Streaming from the Shrine can be watched on our parish website and on our YouTube Channel at: https://www.youtube.com/channel/UC_3CWI-ODjUT6TiZsA9z6gg	
NEW EMAIL SYSTEM FOR ALL THE PARISHES IN THE ARCHDIOCESE	
The archdiocese is integrating all parish and diocesan email accounts into a single system in the interest of data protection and online security. We have been asked to start using the new system, and the old menevia.org email accounts will cease to operate once the integration process is complete. In the interim period, emails sent to menevia.org will be automatically merged with the new email account. Please start using the new email address below:	
cardigan@cardiffmenevia.org	
Thank you	
PRAYER MEETINGS:	
Cardigan:	Will resume after Summer holidays
Newcastle Emlyn:	11.00am, Thursdays.
All Welcome!	

DATES FOR YOUR DIARY

SVP NATIONAL PILGRIMAGE:

Sunday 20th September from 2.00pm.

SPECIAL COLLECTION THIS WEEKEND FOR LEPRA

There is a special collection this weekend for LEPRA, a leprosy charity. Please use the basket at the back of the church to put in your donations. Thank you!

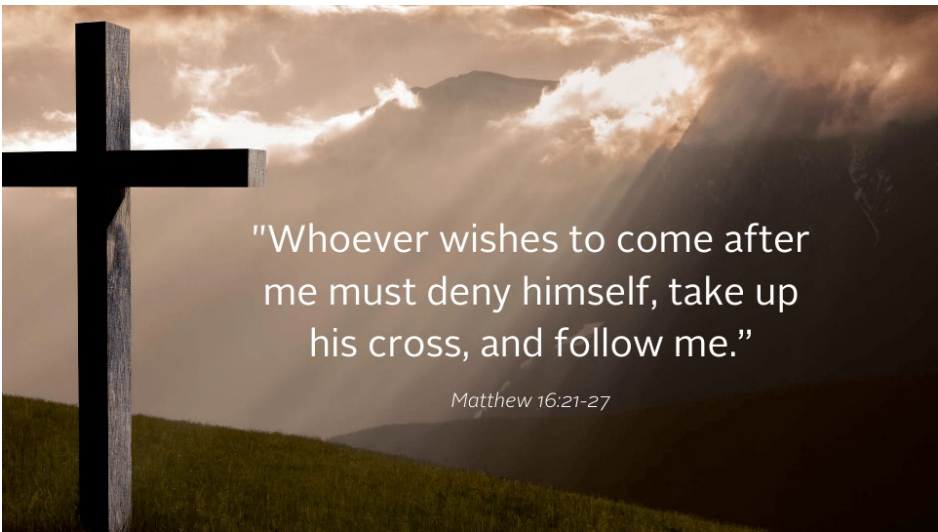
PLWYF A CHYSEGRFAN GENEDLAETHOL CYMRU, MAIR Y TAPYR, ABERTEIFI
 PARISH AND SHRINE OF OUR LADY OF THE TAPER, CARDIGAN
 MAIR FRENHINES TANGNEFEDD, CASTELL NEWYDD EMLYN
 OUR LADY QUEEN OF PEACE, NEWCASTLE EMLYN



29TH/30TH AUGUST 2026
 22ND SUNDAY OF ORDINARY TIME
 SUNDAYS: CYCLE A; WEEKDAYS: YR II; PSALTER: Wk 2



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Walking with Jesus

Today’s Gospel goes further than just asking us to understand why the glory of Jesus our King and Lord was to be found through suffering and the shameful death of the Cross. There is a further call for us to walk the same road with Jesus:

“If any wish to come after me, let them deny themselves and take up their cross and follow me.”

Jesus is asking each one of us to dedicate our lives to totally loving and serving others even, if at times, this involves misunderstanding, ridicule, pain and even death itself.

It would be altogether wrong to think that Jesus is asking us to lead miserable lives in order to be good Christians, although one gets the impression that some people interpret the passage in that way. To follow Jesus fully, we must be able to see life as he sees it, we must have that “mind of Christ”.

When we have the mind of Christ, then we can only see our lives in terms of loving and serving others and not in the pursuit of purely self-centred or even family-centred ambition. When we have the mind of Christ, the whole direction of our life changes. Our whole concept of happiness changes. Jesus is calling us not to a life of sacrifice and suffering, but rather to a life of total love and freedom. The person who can go to jail for his beliefs is more free and usually a lot happier than the one who is tied to the pursuit of material things, social position, pleasure, and the fear of pain. “Denying oneself” is not a suppression of one’s personality. It is rather to let go of one’s ego, so that one can really find oneself.

<https://sacredspace.com/commentary/oa221/>

Learn

Though the disciples of Jesus may have acknowledged that he is the Messiah, they clearly have no idea whatever what kind of Messiah-King Jesus is going to be. They are, as he says, thinking in purely human terms and have not yet got “the mind of Christ” (Phil 2:5).

Pray

Lord Jesus, help me find joy in giving.

Reflect

What does self-denial entail for me?

Word of Life

“If anyone would come after me, let him deny himself.”

22ND SUNDAY OF ORDINARY TIME	THE LITURGY OF THE WORD		THE LITURGY OF THE EUCHARIST		THE COMMUNION RITE	<i>Communicants come forward in reverent procession; they receive Holy Communion standing.</i>	THE SHRINE PRAYER
THE INTRODUCTORY RITES							
<i>Before Mass begins, the people gather in a spirit of recollection, preparing for their participation in the Mass.</i>	<i>All sit. By hearing the word proclaimed in worship, the faithful again enter into the unending dialogue with God. A brief time of quiet after the readings enables those present to take the word of God to heart.</i>	<i>My soul clings fast to you; your right hand upholds me.</i>	<i>All sit. During the Offertory Hymn the faithful bring forward bread and wine for the celebration of the Eucharist. The Priest offers prayers of blessing:</i>	<i>All sit. During the Offertory Hymn the faithful bring forward bread and wine for the celebration of the Eucharist. The Priest offers prayers of blessing:</i>	<i>All stand and the Celebrant says:</i>		My soul glorifies the Lord. Henceforth all ages will call me blessed. The Almighty works marvels for me. Holy his name.
SIGN OF THE CROSS <i>Celebrant:</i> In the name of the Father, and of the Son, and of the Holy Spirit. <i>People: Amen.</i>					<i>C.</i> At the Saviour’s command and formed by divine teaching, we dare to say:	<i>C.</i> The Body of Christ.	V./ Behold the handmaid of the Lord. R./ Be it done to me according to your word.
GREETING <i>C.</i> The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. <i>P. And with your spirit.</i>	FIRST READING <i>Jeremiah 20:7-9</i>		SECOND READING <i>Romans 12:1-2</i>	<i>The Gospel of the Lord</i> Praise to you Lord Jesus Christ	<i>P. Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.</i>	<i>When Communion is ministered under both kinds:</i>	Let us Pray Father, your Son Jesus, born of the Virgin Mary by the power of the Holy Spirit, is the Light of the world. May the same Spirit lead us to imitate Mary’s faith, love and humility that guided by her example, we may follow the light of her Son on our journey through life, and come at last to see you as you are, and praise you in the everlasting kingdom of heaven. Amen. Holy Mary, mother of God, you offer your Son for our adoration. May we too treasure his word in our hearts and help bring his light to the world.
PENITENTIAL ACT <i>The Celebrant invites the faithful to the Penitential Act. A brief silence is followed by the following:</i> <i>All say:</i> I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, <i>(and striking their breast, they say:)</i> through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.	<i>‘The word of the Lord has become for me a reproach.’</i>	I appeal to you, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.	THE HOMILY <i>After the Homily there may be a brief silence for recollection.</i>		<i>C.</i> Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.	<i>C.</i> The Blood of Christ.	Our Lady of Cardigan, Pray for Wales.
<i>The absolution by the Celebrant follows:</i> <i>C.</i> May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. <i>P. Amen.</i> <i>The Kyrie eleison</i> (Lord, have mercy) <i>Invocations may follow:</i> <i>C.</i> Lord, have mercy. <i>P. Lord, have mercy.</i> <i>C.</i> Christ have mercy. <i>P. Christ have mercy.</i> <i>C.</i> Lord have mercy. <i>P. Lord have mercy.</i>	<i>The Word of the Lord</i> Thanks be to God.	The Word of the Lord Thanks be to God.	THE NICENE CREED I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, <i>[At the words that follow, up to and including ‘and became man’, all bow.]</i> and by the Holy Spirit was incarnate of the Virgin Mary, and became man.		<i>P. Blessed be God for ever.</i>	<i>All stand and pray in silence</i>	Our Lady of Cardigan, Pray for us.
			GOSPEL ACCLAMATION <i>Cf. Ephesians 1:17-18</i>		<i>P. Blessed be God for ever.</i>	PRAYER AFTER COMMUNION Renewed by this bread from the heavenly table, we beseech you, Lord, that, being the food of charity, it may confirm our hearts and stir us to serve you in our neighbour. Through Christ our Lord.	PRAYER TO OUR LADY QUEEN OF PEACE O Mary, Mother of God, our Queen and our Mother, look down upon us your children gathered here before you. Pray for us, pray for our families, pray for our country. Pray for us to your Son, Our Lord Jesus Christ, that he will grant us peace, peace in our own hearts, peace with God and peace with one another. May we come to know the joy that comes from loving and serving Him in this world, and the everlasting happiness of heaven. Amen.
		Alleluia, alleluia.			<i>P. Amen.</i>	<i>Any brief announcements follow here. Then the dismissal.</i>	
	RESPONSORIAL PSALM <i>Ps 63(62):2. 3-4. 5-6. 8-9. R2b</i>				<i>C.</i> The peace of the Lord be with you always.	<i>C.</i> The Lord be with you.	PRAYERS ARE ASKED FOR THE SICK Peter Ross Vic & Mary Williams Barbara Phillips Clare Mitchell Jimmy Hayes Ian McCarthy
		GOSPEL <i>C.</i> The Lord be with you. P. And with your Spirit. <i>C.</i> A reading from the holy Gospel according to Matthew C. Glory to you, O Lord.			EUCHARISTIC PRAYER II <i>C.</i> The Lord be with you. P. And with your spirit. <i>C.</i> Lift up your hearts. P. We lift them up to the Lord. <i>C.</i> Let us give thanks to the Lord our God. P. It is right and just.	<i>P. And with your spirit.</i> <i>C.</i> Let us offer each other the sign of peace	
	<i>For you my soul is thirsting, O Lord, my God.</i>				<i>After the Preface, the people sing or say:</i>	<i>All offer one another the customary sign of peace.</i>	Prayer for the Sick Heavenly Father, Look with mercy on the sick in our parish community and help them in this time of illness. Restore them to health, we pray, Through Christ Our Lord, Amen
	<i>For you my soul is thirsting, O Lord, my God.</i>		<i>Matthew 16:21-27</i>		Holy, holy, holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.	BREAKING OF THE BREAD <i>During which is sung or said:</i>	
	I have come before you in the sanctuary, to behold your strength and your glory. Your loving mercy is better than life; my lips will speak your praise.		<i>‘If anyone would come after me, let him deny himself.’</i>		<i>C.</i> The mystery of faith.	Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God you take away the sins of the world, grant us peace.	
Amen.	<i>For you my soul is thirsting, O Lord, my God.</i>	At that time: Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, ‘Far be it from you, Lord! This shall never happen to you.’ But he turned and said to Peter, ‘Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man.’ Then Jesus told his disciples, ‘If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save			When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.	<i>All kneel.</i>	
	<i>For you my soul is thirsting, O Lord, my God.</i>				<i>At the conclusion of the prayer:</i>	<i>C.</i> Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.	
Amen.	For you have been my strength; in the shadow of your wings I rejoice.			Amen.	<i>P. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.</i>		PRAYER INTENTIONS OF THE HOLY FATHER AUGUST: FOR EVANGELIZATION IN THE CITY: Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.